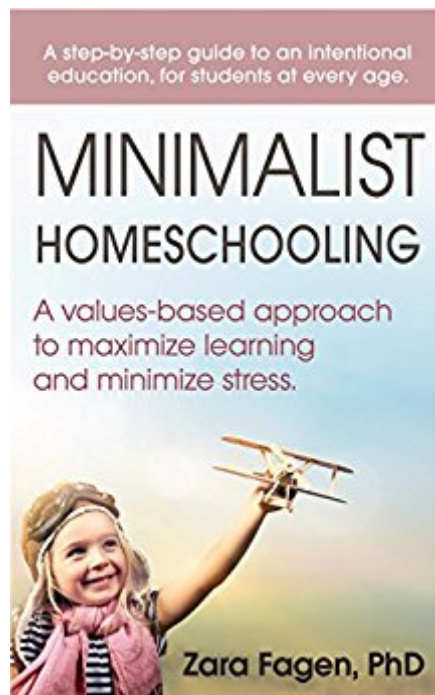




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# Minimalist Homeschooling: A Values-based Approach To Maximize Learning And Minimize Stress



## Synopsis

Remove the clutter in your child's education by taking a deeper look at how you invest your time and energy. Homeschooling does not have to mean a crazy, busy life of too much to do, too much to buy, and too much to plan. You don't have to choose between excellence and sanity while homeschooling - you can have both! "Minimalist Homeschooling" will have you rethinking your priorities and your perspective to create a simple, focused, and meaningful homeschool based on the minimalist mindset and approach. Uniquely, "Minimalist Homeschooling" offers 15 thought-provoking worksheets so readers can purge their tasks, schedule, curriculum, and supplies with clarity and confidence. There IS a way for your children to learn MORE while doing less.

## Book Information

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## Customer Reviews

Very practical guide for minimizing your homeschool, and family life In general! Made me think of so many ways I can simplify my home.

My husband recommended this book when I began to feel overwhelmed by the upcoming school year. Choosing books, projects,contemplating the best curriculum... In addition, all of my children have autism with some challenges in speech and basic life and social skills. So I was racking my

brain with schedules and how to, and before long I was not sure how I would do it at all. This book was refreshing... Advising you to toss the idea of needing to do what everyone else may be doing and rather plan around your school and family values while catering to your child's strength and interests. It has nice worksheets through out the book to help organize your thoughts and plan efficiently. After reading this book I have made some changes so that school is more about being than doing and focusing our school work to be meaningful and goal driven. I am feeling excited for the next year and the best part is, my boys are too!

I'm newer to homeschooling and was about to give up due to being overwhelmed . I read this and I feel like I have a new perspective on homeschooling objectives. I have been reading up on minimalism and was excited to see the two subjects combined in this book! I was trying to do too much every day and ended up not doing enough. I would just give up from feeling overwhelmed! Love that there are worksheets you can print off to use to help simplify the process of minimizing! The book gives a good solid foundation on what approach to take to keep the process minimal but also maximizing your choices. I also think the concepts could be used in other areas of life, not just homeschooling. This will definitely be my companion as I plan for this next school year! Highly recommend!

I am already sold on a minimalist lifestyle... It's how I have always been. In fact, several times in this book I thought to myself, "This is a kindred spirit writing!" Honestly, I think all the "stuff" in our lives just bogs us down, makes decisions harder, and our house messier. I got this book for free from thinking it was worth a perusal and I loved it! I always worry with "less is more" homeschooling books because sometimes I think they just sound lazy. But the key to this book was not less is more, but figuring out what season are we in right now in our homeschooling journey. For my kids, they are in Pre-K and 1st and Reading, Writing and Arithmetic are our major focuses, because those are hugely important for the rest of their schooling. We do those subjects every day. Because of the state regulations we have, I have to teach 8 (EIGHT) required subjects (math, science, social studies, English, health, art, music, physical education), but I was happy to hear someone else's affirming of my major subjects vs. minor subjects theory. I will obey the law and teach all eight (which is especially frustrating when English breaks down into really six subjects at their age - learning to read, reading literature, handwriting, grammar, spelling, composition), but if they don't get every fact of history this year or learn every bit of science, it's not going to end their lives. They will get it again later. They are really pretty young to be learning a musical instrument (although it's

possible) or memorizing the great works of art, but a light smattering of those subjects every week will cover what they need to know. And singing in the car or along to the radio totally counts when you're homeschooled! ;-)) I especially appreciated the reminders about how "homeroom" teachers have their students for a few hours per day and then send them off to their various extracurricular subjects... Which are basically just keeping them busy. Their main subjects every day take two or three hours, which is exactly where we are in homeschooling. And then my kids get to play or read or bike outside like little ones should! Thanks for a fantastic, encouraging book, Dr. Fagen!

The world of homeschooling can be very overwhelming. There are boards and boards full of parents looking for guidance on how to teach EVERYTHING to their preschoolers, there are thousands of resources and curricula, and 10x's that many ideas on Pinterest. Everyone does things a little differently, even when they appear to be doing it the same. It quickly becomes very difficult to navigate what you should be doing, Just like any market these days, homeschoolers are niche marketed to hard. Everywhere you look someone is trying to sell you on a manipulatives, programs, subscription services, charts, whiteboards, crafts, teaching styles or a new hot subjects and all in the name of giving your child a better home education. People are posting pictures of the unit study they did where they built the Great Pyramid of Giza from dryer lint clay with all their 8 kids are dressed as pharos and mummies in their totally theme decorated, stocked homeschool rooms while your sugar crystal solution just sit in a window sill after weeks of forming nothing. At the end of the day you're exhausted, you feel like you accomplished nothing, and you can't be sure if you ruined your child's entire future when you chose not to buy them the Georgian Pottery curriculum that looked so amazing and hands on. In this world, this book was a breath of sanity. It's true what other reviewers said, this isn't anything new, but I love good ideas packaged well. This simply advocates for homeschooling with good sense and a simple path to finding out what is important and what is not. It was exactly what I needed to hit refresh on my homeschool plans and refocus on what I value in education. It's permission that you don't need, but that's very often nice to get anyway. Don't try to do everything, just do the few things that are the most important, and do them well and use the rest of your time to do the things that you want to do.

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